



Dolly Garlo RN JD BCC

CAREER TRANSITION & REINVENTION STRATEGIST FOR ACCOMPLISHED PROFESSIONALS

Virtual Guest: Podcasts, Interviews & Professional Training Programs

Dolly Garlo brings a rare combination of credentials to one focused body of work: registered nurse, attorney, and board-certified coach. Her own reinvention — leaving critical care nursing for law, then building and later selling a healthcare law practice — took far longer than it should have, simply because no integrated guide existed for the transitions she was making. That gap became her life's work: a system that takes accomplished people from confused and stuck to clear, on track, and at peace — far faster than the years she spent piecing it together herself.

Dolly is an **educator, not a stage performer**. She presents exclusively in virtual formats — podcasts, interviews, webinars, and guest teaching inside professional continuing-education programs — a deliberate choice, not a limitation. She has worked virtually since the late 1990s, well before it was standard practice, because it removes the barriers live formats create: scheduling, travel time, inconvenience, and expense. Her own coaching follows the same principle, giving clients the privacy and flexibility to take part from wherever they need to be.

A Strong Guest If You Want:

- Substantive content for accomplished mid-career and senior-level audiences
- A guest who connects to real professional stakes — reputation, finances, family, health — not generic motivational talk
- Practical insight delivered with the credibility of someone who has practiced law, built a business, and coached this exact transition
- A guest who tailors content to your program's specific theme and audience
- Particularly well suited to women's leadership, career-change, and life-redesign programs

Also a Strong Fit For:

- Bar associations & legal professional groups — Dolly's nurse + attorney background gives direct credibility with this audience
- Medical & healthcare societies — content on burnout, wellness, and professional fulfillment fits well-being-focused CE programming
- Sessions tailored for continuing education contexts on request
- Non-profit boards and philanthropic/legacy-focused groups, drawing on Dolly's work as a legacy consultant and advisor

Signature Presentation

“From Full to Fulfilled: Designing Inspired Work and Life Around What Matters Most”

Available as a 20–30 minute interview segment, a 60-minute webinar, or a custom guest session for professional training programs.

Developed especially for accomplished professionals at mid-career or contemplating a major transition — business development, inheritance, divorce, early retirement, sale of a business or practice — or simply experiencing a building sense that the path that got them here is no longer fulfilling, meaningful, or where they want to be going forward.

Fulfillment and success in career and life are interdependent, not mutually exclusive. Senior executives, small business owners, and professionals in law, healthcare, business, and government service find this material especially relevant. Dolly offers insights and guidance for building new, more inspiring levels of engagement, leadership, influence, impact, and contribution.



A Comprehensive Approach to Life and Career Redesign

MASTERFUL LIFE | *Redesign*

Not just resume building or job searching — a deep, meaningful and efficient method to bring work, relationships, health, and purpose into one coherent picture and plan. Masterful Life Redesign is a systematic program built from Dolly's own integration of what took her years to piece together on her own, to enhance both career success and personal fulfillment.

Presentation Style

Professional, well-researched, and grounded content is delivered with warmth and practical focus, not performance. Dolly journeyed from shock-trauma critical care nurse, to attorney and business owner, to board-certified coach, speaker, author, non-profit advisor and director, philanthropist, legacy consultant, and environmental advocate.

She shares insights from health and wellness, business and legal practice, career advancement, communication and behavioral strengths, and personal and organizational development with warmth, compassion and deep understanding.

[linkedin.com/in/DollyGarlo](https://www.linkedin.com/in/DollyGarlo) [facebook.com/MasterfulLifeRedesign](https://www.facebook.com/MasterfulLifeRedesign)

Book Dolly for your podcast, webinar, or professional training program!

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